

the
ULTIMATE
Lunch Hour Workout

THE ULTIMATE BODY BARRE

express



**EVERY TUESDAY
AND THURSDAY**

12:15 to 1 pm

beginning January 17th

Forty-five minutes of the ultimate lengthening, strengthening butt lifting and overall body shaping barre class around!

\$17 per class

\$96 / six classes

\$150 / ten classes



SYMMETRY
DANCE WELLNESS

1923 CHESTNUT ST, 3RD FLOOR
FOR MORE INFO: 267.269.5986
WWW.DANCEWELLNESS.COM